# The Lazer North West Cyclo-Cross League NWCCA League Rules

## **League Registration**

- 1. All riders who wish to be a member of the league and qualify for league points and <u>overall</u> <u>competitions</u> must register the with the league each year.
- 2. Registered league riders will be issued with a set of race numbers which the rider will retain for the season.
- 3. The arm number shall be worn forward facing and on the left arm unless advised differently at signing on.
- 4. Registered league riders will be issued with a transponder which the rider will retain for the season.
- 5. Lost numbers or transponders will incur another registration fee.
- 6. If a rider joins the league mid-way through the season, their points will only be eligible for league points from that point onwards.
- 7. Registered league riders in Senior, Under23, Junior, Women and Veteran categories will receive a £2 discount on race entry fees.
- 8. Named organisers and active Commissaires (who officiate at 1 or more race per season) are entitled to free league registration
- 9. The league consists of 6 categories:
  - Under 8s
  - Under 10s
  - Under 12s
  - Youth
  - Veterans and Women
  - Seniors, Under 23 and Juniors
- 10. League registration fees are as follows:
  - Under 8s £2
  - Under 10s £2
  - Under 12s £2
  - Youth £5
  - Veterans and Women £10
  - Seniors, Under 23 and Juniors £10
- 11. Veterans and Women can choose to ride in Senior/Under23/Junior league. On doing so they will be competing for the Senior/Under23/Junior League Standings, not the Veteran's or Women's League Standings.
- 12. Under 8, Under 10, Under 12 and Youth riders must ride in their age category.

13. Age Categories for cyclocross racing are published each year and differ from the category on a BC membership card / racing license. The current rider categories are available on the BC website and a printout will be available at each league event.

#### **League Points**

- 14. League points will be awarded to all registered league riders who complete each league event they attend.
- 15. 1st place will receive 200 points descending to 200th place who will receive 1 point. If there are more than 200 riders in the race all riders outside the top 200 will receive 1 point.
- 16. The League is calculated at the end of the season and is based on the riders' best results in 80% of the total number of league events minus any clashed national trophy events (held on the same day). This will be subject to annual review at the Annual General Meeting (AGM). The actual number of counting events agreed by the committee will be published on the website.
- 17. If more league events are added during a season, the number of counting events will not be increased from what was communicated at the beginning of the season. If league events are cancelled NWCCA reserve the right to reduce the number of counting league events.
- 18. League tables will be published after every league event, distributed via email to registered league riders and uploaded to the NWCCA website.
- 19. All S,V,W,J,U23 registered league riders who ride in NWCCA league events, will be expected to assist (or a delegate) at a designated league event. This will be organised by the league secretary. When registering to the league the registration form will contain the calendar of the league events which the rider must select both 1st and 2nd choice league events to assist at.
- 20. The NWCCA reserve the option to ask the helper or delegate to assist at a league event other than their 1st and 2nd choices if required to ensure all league events get supported to the desired standard.
- 21. If a rider provides a delegate to perform their volunteering role at a race, they cannot claim average league points if the rider themselves are not taking part in the league event. If a delegate is provided, the rider can take part in the league event and will receive the league points for their finishing position. If they fail to finish the race, no league points will be awarded.
- 22. League riders who volunteer to help or provide a delegate and then fail to provide this service may receive a sanction of withdrawn league points until the duty has been completed, subject to the mitigating circumstances.
- 23. Registered league riders are entitled to claim for average league points when they volunteer for a full day at a league event.
- 24. Registered league riders are entitled to claim average league points up to a maximum of 2 league events.
- 25. Named organisers and active Commissaires (who officiate at 1 or more race per season) are entitled to claim average league points up to a maximum of 4 league events.

- 26. Where average points have been claimed, published league tables will highlight this in red.
- 27. Where a delegate has been provided or the rider marshalled part of the day and also rode. Published league tables will highlight this in green.
- 28. Registered league riders in Youth, Under12, Under10 and Under 8 categories are not eligible to claim average league points.

### **League Events**

29. The same format of races will be used at every league event as follows:

10:30 - Youth (30mins race duration)

11:30 - Under 12s (15mins race duration)

12:00 - Under 10s (10mins race duration)

12:20 - Under 8s (10mins race duration)

12:45 - Veterans and Women (40mins race duration)

14:15 - Seniors, U23 and Juniors (50mins race duration)

30. The entry fees at each league event will remain the same during the season as follows:

Youth - £6

Under 12s - £1

Under 10s - £1

Under 8s - £1

Veteran and Women League Members - £12

Veteran and Women Non-League Members - £14

U23 Women and Junior Women League Members - £10

U23 Women and Junior Women Non-League Members - £12

Senior League Members - £12

Senior Non-League Members - £14

U23 Men Junior Men League Members - £10

U23 Men and Junior Men Non-League Members - £12

- 31. ALL Senior, Under 23, Junior, Veteran and Women riders must present a valid <u>British Cycling RACE</u> membership card at every league event. If a valid British Cycling RACE membership card isn't presented, the rider will pay the £3 British Cycling Day Membership fee in addition to the normal entry fee.
- 32. All races will be gridded on the day by the Commissaire using current league standings, and National Rankings if a Category A event. Non-league riders who consider they should be placed high on the grid should contact the Commissaires a minimum of 1 hour before the race start.
- 33. Any complaints or issues from any league event must be raised with the Commissaire on the day.
- 34. The use in competition of cameras attached to riders, bikes or helmets is prohibited, unless previously authorised in writing by the British Cycling board. This includes such items as helmet mounts.
- 35. Balance bikes are not permitted in NWCCA league events. Young riders are expected to be able to ride the course for their age category unaided.

- 36. Results shall be published on the NWCCA website within 48 hours of the league event taking place.
- 37. The results shall include the number of laps covered by the winner and his/her race time.
- 38. Signing on will close 20mins before all races to give the signing on and judging teams more time to be ready for the race start.
- 39. It is the rider's responsibility to sign on and pay to enter each race. Riders who do not sign on the race sign-on sheet will not be placed in the result.
- 40. Riders seen urinating in public will be disqualified from the league event and reported to British Cycling.
- 41. A helmet must be worn whilst warming up on the course.
- 42. Riders seen warming up on the course whilst another race is on will be disqualified from the league event.

#### **League Event Prizes**

- 43. As per British Cycling Cyclo-Cross regulations 14.1 at each league event organisers shall provide 1 prize for every 5 riders in the following categories:
  - Seniors
  - Juniors
  - Under 23
  - Veteran
  - Women
  - Youth
- 44. At each league event organisers shall provide a minimum prize list of Top 3 boys and Top 3 girls in the following categories:
  - Under 8s
  - Under 10s
  - Under 12s
  - Youth B (Under 14)
  - Youth A (Under 16)
- 45. Prize values to a minimum of 75% of the net entry fees taken from youth riders shall be given in Youth league events.
- 46. Best attempts will be made by organisers to distribute prizes on the day but this may not always be possible. A list of un-collected prizes will be published on the NWCCA website and the onus is on the riders to make arrangements with the organiser to collect.
- 47. Un-collected prize money will be returned to the organiser after 14 days of the event taking place.