







**North Western Cyclo Cross Association  
Cyclo Cross League 2019 - 2020**

Position	League Number	First Name	Surname	Club or Team	Day	Cyclo Cross												Points Total	Average
						1	7	22	13	20	3	17	29	4	18	25			
						Month	9	9	9	10	10	11	11	12	1	1	1		
67	63	Carl	Nelson	Team JMC	V50				178	173				162	172	167	852	170	
68	109	James	McAllister	Glossop Velo	V55				139	149	139	141	140	143			851	142	
69	11	Stephen	Artingstall	Mossley CRT	V60	162	179	171	168	161							841	168	
70	105	Roy	Flanagan		V60		166	149		159				164	182		820	164	
71	56	David	Lovatt	Liverpool Braveheart Bicycle Club	V60	154		164		166	161			160			805	161	
72	75	Jan	Shearsmith	Manchester Wheelers Club	V60			166	165	160	153	155					799	160	
73	90	Glen	Wilkie	Here Come The Belgians	V55		162		164		158	151			159		794	159	
74	49	Paul	Howie	Kendal Cycle Club	V50	157		153			157	157	156				780	156	
75	77	Marcus	Simmons	Bolton Hot Wheelers CC	V50	145	154	152	157	153							761	152	
76	58	Mark	Messenger	Macclesfield Wheelers	V50	179		179			187		173				718	180	
77=	25	Andy	Chalmers	Leigh Premier RC	V55	140	143			145			141	145			714	143	
77=	76	Alan	Shuttleworth	Weaver Valley CC	V70			142	146	142		138	146				714	143	
79	46	David	Headon	Horwich CC	V55	173	167	164	153								657	164	
80	40	Mark	Goodchild	Preston CC	V50			163		157			160		160		640	160	
81	100	Robert	Pye	Green Jersey RT	V55	155	160	158	158								631	158	
82=	70	Mark	Poulston	Private Member	V50	147				151	152		158				608	152	
82=	88	Adrian	Watts	Rossendale RC	V60		152					145		159	152		608	152	
84	98	Alan	Cook	SKCC	V55	149			156	147	147						599	150	
85	95	Stephen	Bottomley	Shibden CC	V50	195	194	196									585	195	
86	112	Stokely	Samuel	USMES	V50					196	194	188					578	193	
87	23	Graham	Bryce	Element Cycling Team	V50				189	195				192			576	192	
88	110	David	Jackson	Chorley CC	V50				188	189	182						559	186	
89	85	Carl	Varley	Private Member	V50		180	162		171							513	171	
90	21	Michael	Browne	North Cheshire Clarion	V60								148	154	164		466	155	
91	65	Donald	Pack	Sportcity Velo	V50	144		145									434	145	
92	73	Mark	Rowson	Macclesfield Wheelers	V50	182	184						145				366	183	
93	20	Gary	Brooks	Port Sunlight Whls CC	V55	181					181						362	181	
94	57	Paul	McClurey	North Cheshire Clarion	V50	176	185					170	167				361	181	
95	68	Peter	Payton	Secret-Training.cc	V60							170	167				337	169	
96	26	Ian	Clarke	Birkenhead North End CC	V50		168		168								336	168	
97	72	Tim	Pugh	Winsford Wheelers Cycling Club	V55			155				154					309	155	
98	113	Richie	Watts	Rossendale RC	V50						156	152					308	154	
99	101	Christopher	Wilding	Pendle Forest	V50	156		150									306	153	
100	93	Graham	Whalley	Lyme RC	V50	139	148										287	144	
101	108	Len	Woffindin	Sportcity Velo	V55			140						146			286	143	
102	96	Martin	Dunwoody	Winsford Wheelers Cycling Club	V55	137						142					279	140	
103	103	Steve	Hulme	Congleton CC	V55	190											190	190	
104	106	Simon	Dean		V50		183										183	183	
105	22	Chris	Bruney	Cardiac Athletes Cycling Club	V55	167											167	167	

**Women's League**

1	21	Karen	Heppenstall	Sportstest RT	WV40	198	198		199	*196	198	196	197	199	198		1583	198
2	5	Kate	Taylor	The Racing Chance Foundation	WJ	199	199		198		197	197	198	195	199		1582	198
3	17	Emma	Collier	Stan's No Tubes UK	WS	193	*189		196	198	199	198	199	197	200		1580	198
4	38	Catherine	Litherland	Holmfirth CC	WV40	194	195	199	197	194	196	*192	194	196			1565	196
5	4	Jane	Rayner	Port Sunlight Whls CC	WV45	195	193	198	192	*190	193	195	198	196			1560	195
6	10	Lynsey	Whitley	Chester RC	WV40		186	194	189	187		188	190	190	191		1515	189
7	27	Chloe	Parrington	Red Rose Olympic CC	WS	187	*185	192	189	*185	187	185	187	189	193		1509	189
8	34	Hannah	Yates	Sportcity Velo	WJ	184	187	193	185		185	187	188		190		1499	187
9	30	Jacqui	Simcock	Team JMC	WV50	182	184	191	187	181	186	184			192		1487	186
10	35	Nicola	Davies	Cyclocross.com	WV60	195	196			197		194	196	200	197		1375	196
11	13	Holly	Bradbrook	Marsh Tracks Racing - Trek	WJ	189	192	197		195	195		192	194			1354	193
12	32	Ruth	Taylor	Element Cycling Team	WV40	190		196		193	191		193	192	195		1350	193
13	7	Julia	Behnsen	Port Sunlight Whls CC	WV40	192	191		192	191	194	191		193			1344	192
14	37	Fiona	Mashiter	Barrow Central Wheelers	WV45	188	188			190		189	191	191	194		1331	190
15	36	Caroline	Humphreys	Red Rose Olympic CC	WS	179	185		190	184	188	186		185			1297	185
16	19	Karen	Dalby	Mersey Tri	WV55		180	188	184	180	186		186	187			1291	184
17	11	Lynsey	Astles	Weaver Valley CC	WV40	185	182		186	183				188	189		1113	186
18	1	Christina	Wiejak	Team Jadan Weldtite-Vive le Velo	WS				200	200	200	199	200				999	200
19	2	Alison	Rushton	RibbleValley Juniors Cycling Club	WV45	197	194	200	195			195					981	196
20	6	Rachel	Connerney	KTM UK Factory MTB Team	WS	191	190		194	186			189				950	190
21	41	Alison	Bull	Glossop Kinder Velo	WV45		183	190		178	189	183					923	185
22	25	Abby	Munro	Sportcity Velo	WJ	180			188	182			185	186			921	184
23	29	Rebecca	Preece	Hope Factory Racing	WS	200	200			199		200					799	200
24	42	Niamha	Albones	LCCA	WJ			195	193	193	194						775	194
25	8	Sarah	Grimshaw	Frodsham Wheelers/Twelve50 Bikes	WV45	181				191	188	192					752	188
26	18	Helen	Cull	Private Member	WV45	176	179	176		174							705	176
27	43	Claire	Weller	Barrow Central Wheelers	WV40					189	193	190					572	191
28	40	Rebecca	Redeyoff	Manchester BMX	WU23		178	187		175							540	180
29	3	Nicole	Clarke	Birkenhead North End CC	WU23	196	197										393	197
30	20	Louise	Glvsen	Matlock CC	WV45	186							186				372	186
31	15	Ros	Clarke	Port Sunlight Whls CC	WV50	183	181										364	182
32	39	Anna	Dawson		WS					176			184				360	180
33	28	Kate	Porter	Horwich CC	WV45	177		177									354	177
34	24	Dawn	McCracken	Lancaster CC	WV50			189									189	189
35	16	Gen	Clegg	Private Member	WV45					179							179	179
36	22	Deborah	John	The Racing Chance Foundation	WV60	178											178	178
37	26	Carol	Ockwell	Salford Cycling Club	WV45					177							177	177

**Vet 40+ League**

1	72	Dave	Powell	Horwich CC	V40	*198	200	200	200	200	200	200	*198	200	199		1599	200
2	6	Phillip	Craker	Private Member	V45		195	197	198	*192	197	193	197	195	194		1566	196
3	48	Rob	Hope	Chorley Cycling Club	V45	*191	194	194	195		199	194	191	198	200		1565	196
4	68	Bill	Nickson	Bill Nickson Cycles RT	V40	197	197	199	199	196	189	191	196				1564	196
5	10	Philip	Simcock	Team JMC	V45	196	195	195	194	194	196	197			196		1563	195



